

Mark your calendar...

Metaphysical Workshops...

Monday, January 9, 7:30 p.m.

Growing Church Workshops

Monday, January 23, 7:30 p.m.

Second Sundays

A lively and inspirational discussion group for Twenty Somethings meets in the evening on the second Sunday of each month. Newcomers always welcome!

Management Team Meetings...

Our Management Team meets at least once monthly to respond to issues brought forth by the membership. Contact any member of this team with your questions or suggestions and they will then communicate to the congregation for discussion and/or action. This is YOUR church...our entire membership is the governing body of our Christian Science Society so that everyone's work and prayers are essential to keep it moving and growing!

Special Meetings and Events...

Sunday, December 18th 11:30 a.m., special meeting concerning our lease .

Wednesday, December 21st, 7:30 p.m. Special Christmas Candlelight and Caroling testimony meeting

Getting to know you...

A loving welcome to **Frances Lambert**, long-time friend of our congregation and now a newly affirmed member! Frances tells us she grew up in Oklahoma and Texas where her father was a pharmacist and her mother a seamstress. She had a sister and a brother and has "two nephews and a niece who love her very much!"

Frances graduated high school and before World War II she moved to the San Diego area and worked in the Convert plant. When the war began she returned to Oklahoma to work at Tinker Air Force Base. An opportunity came for her to move to Hawaii where she lived until moving to California when the war was over. In the 1950's Frances spent three years in Boston training to be a Christian Science nurse. She began her career as a visiting nurse in the Los Angeles area where she taught Sunday School at the South Pasadena church. In the early '70s Frances moved to Santa Ana, continuing her visiting nurse service. During this time she married Bruno Lambert and moved to Laguna Beach, later retiring from nursing.

Frances was active in the Laguna Beach church and loved working in their Reading Room for many years. She shares that she "loved traveling and seeing new places and meeting new people." Her travels have taken her to the Holy Land, London, Taiwan, Mexico and to every state of the union.

Among many hobbies Frances included golf, sailing, lawn bowling and painting landscapes and flowers, but her true "passion has always been Christian Science nursing. " She loves "to see us well, as God made us."

Frances says she was introduced to Christian Science "in the cradle" and shares that she is interested above all in "keeping the movement going." She was introduced to our Society through friends and relatives, and is enjoying most "the food and camaraderie with friends." And we are enjoying you, Frances, as an important member of our church family!



Getting to know you...

A warm “official” welcome to **Joan Marsh**, one of our many new members of 2011. Joan has just recently returned to her native southern California after a rewarding career as a high school Spanish and French teacher and school counselor in Colorado. She tells us that “as a child I was sent to Sunday School by parents who didn’t attend church, although my dad had been healed of polio as a child.

When I was 9 I refused to attend any more because they didn’t go. That refusal got my dad going to church again and eventually my mom attended. By the time I was in high school we were all students of Christian Science and I was privileged to have had excellent Sunday School teaching at First Church, Alhambra.”

Joan graduated from UCLA, studied in Mexico, obtained her teaching credential and found her first teaching job at Laguna Beach High School. From there she joined the Field Staff at Adventure Unlimited which is how she eventually found her way to Colorado Springs where she enjoyed “wonderful experiences working with kids as both public school and Sunday School teacher.”

After retiring from teaching, Joan headed for Lincoln City, Oregon, “to be closer to the ocean” where she became active in the community and church as she had in Colorado Springs. Then, a few years ago, “I visited the Christian Science Association of a good friend of mine, a CS teacher in Colorado Springs. It was there I first heard about the CS Society in San Juan Capistrano and spent the lunch break that day talking with one of our members and asking lots of questions. Then last year, to get away from a cloudy/rainy spring in Oregon, I rented a place in Laguna Woods...actually because I wanted to see for myself what was happening at the Society. Well...I just loved my visits. I love the atmosphere of the Society. Since I’ve always been a teacher/counselor I really enjoyed getting involved as a tutor in the Apoya program and its outreach to the community.” (Joan has since volunteered to be one of the administrators of Apoya for which we are really grateful and has also already served as a Sunday Reader.)

Joan adds that “somehow, with not much planning on my



part God placed me in Colorado and Oregon, two places I always wanted to visit as a youngster growing up in California. I loved all of my experiences in these places and now, somewhat to my surprise, here I am again, back in my home state...loving it...and loving my association with our Society!”

And, we’re loving our association with *you*, Joan. Welcome home!

Among our new members “beyond walls” is **Heather Bauer**, who usually joins us by teleconference from Suwanee, Georgia. Heather is a *Journal*-listed Christian Science practitioner and we are delighted to welcome her to our little flock. She shares that she was “raised in Christian Science” in a home where her father was a doctor and her mother a Christian Scientist. “My dear father taught me discipline, kindness to strangers and if someone needs you, help them. This grew into a truer understanding of Christian Science and Truth in that we don’t react (not impressed!) to some-one’s dismay but respond completely with love. My dear mother (whom we know as Marjorie from Georgia, also a new member) inspired me to be ALL that I can be, to reflect Love in all that I do...that we are all here to help heal and bless mankind, and for those early life lessons of love I am most grateful.”

Getting to know you...

As a child, Heather tells us she loved Cedars Camp and Principia. She worked for years in retail and as a buyer in the clothing industry in Atlanta. She and her husband, Peter, are raising three sons, now 17, 12 and 8. "I was PTA President for my children's school for a few years. The lesson: not crowd control but 'Love's sweet control' over all!"

Heather then began her CS practice "which I cherish, and also began homeschooling my children which enabled me to commit my days (and nights) to my work. I am currently on the Board of Morning Light, the CS Nursing Facility in Georgia. I support the Elephant Sanctuary in Hohenwald, Tennessee, the Center for Great Apes in Florida, and the Humane Society in my area, to mention a few of my interests.

In addition to her husband, who runs the family business, and her three boys, their household includes 5 dogs, 3 hamsters, 2 turtles, 2 guinea pigs, two fish, two birds (that live with Grandma) and on "darling gecko." Heather would like us to know that "I sincerely love the San Juan Capistrano Society and am most grateful to be a member." She first read about our Society in a Christian

Science *Sentinel* and was "filled with respect for this unique 'church without walls.' Both my mother and I began calling in soon after. My family travels all over the country as well as well as other parts of the world with my husband's business and the phone-in ability has met a need I had been praying about for some time. And now, here we are, members of this wonderful healing family. I love the tithing and community outreach. Robert, my youngest child, enjoys hearing Sunday School kids read the Scientific Statement of Being (with hopes of reading aloud himself one day!)" Heather has enjoyed serving as a phone host and looks forward to reading for a Wednesday meeting in the future.

"I love supporting the Society's healing thought...no walls, no borders, unconditional love and its unfoldment of good blessing the world. Thank you for opening your thought, hearts, walls and roof! And God bless the dear member who brought in the equipment to make phoning in to services possible. My love to each and every one of you!"

A loving welcome,
Heather! From each and every one of us!

Introducing **Julie Ringe**, one of the newest members to join us. Julie says she became acquainted with our Society after her family moved into the area from West Hills, California, in the San Fernando Valley. "Friends from my Woodlands Hills church mentioned the Twenty Something group, and as a parent of two twenty-something sons I felt there seems to be a gap when young people leave high school and are entering college years when they need spiritual instruction most. My older son now regularly attends the meetings and it has helped him quite a bit." (See Calendar section for meeting times for this young adult discussion forum.)

"I really enjoy the way the Society lets everyone participate, not just members. I was so impressed by the way (the congregation) embraces individuals and their talents, such as allowing soloists to write original songs, let dogs



of the air, and over every living thing that moveth upon the earth. And God said, Behold, I have given you every herb bearing seed, which is upon the face of all the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for food.

Getting to know you...

attend meetings, allow musicians to bring their flavor to the sermon, and most likely many other ways of involvement that I haven't discovered quite yet.

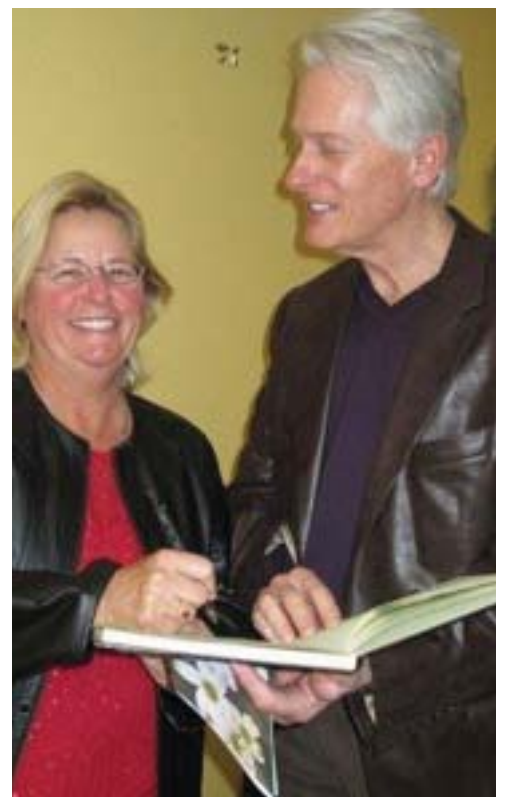
"I was active in the Woodland Hills Christian Science Church, teaching Sunday School to the little ones, volunteering in the Reading Room, flower committee, child care and interior maintenance." Julie shares that she misses Sunday School and we have already invited her to become part of the Sunday School Team.

Julie's life so far has been lived in or around the San Fernando Valley but she says she is happy to have found such a lovely area as Orange County. "It's beautiful, and the air and surroundings just seem to sparkle. It has been a roller coaster year for our family and I'm looking forward to finally settling in. My hope is to settle in and find my church home both to bless and to be blessed."

Welcome Julie! We are blessed you have you join our church family.

Sponsoring New Members...

Sponsors are the keystone to the way we welcome new members to our Society. Every new member must have two sponsors (who are current members) sign his/her Affirmation Form. But those two signatures are only a small part of the Sponsors' job. Before they sign an Affirmation Form, the Sponsors and the new member have a conversation about what membership means to each of them, what inspiration about church they want to contribute to our church, and ways they can participate. The Sponsors also answer any questions about our church that the new member may have.



...green every green herb for meat: and it was so. And God saw every thing that he had made, and behold it was very good. And the evening and the morning were the sixth day.

Sponsoring New Members...

This conversation is important because we do not have the traditional "Membership Committee," a small group that approves new members. Instead, we have given the responsibility of integrating new members into our church to each member as Sponsors. This is one way that our church keeps every member involved with keeping our church moving forward.

The Sponsors' job continues after the member officially joins. Sponsors keep in touch with the new member to make sure they are getting involved, and to answer their questions as they participate in services and Growing Church Workshops, where much of the nurturing progress of our church takes place.

If you have any questions about being a Sponsor, feel free to ask any member of the Mentoring Team: Paul Garman, Alan Hess, Bev Ledwith, Jean Newbold, Marshall Reddick, and Carl Symons.

Tithing....

Our prayers and tithing donations for November and December are dedicated to the important services to the youth of our community provided by the Boys and Girls Clubs of Capistrano Valley. Our tithing will support their holiday giving initiatives for needy children and their families. The Club's afterschool programs are geared toward developing future community leaders, and providing meaningful activities, both sports and educational. Fostering a sense of community stewardship and involvement is a proven factor in decreasing our local crime rate. We were treated to an informative update and discussion on a recent Sunday after church by the Club's Director, James Littlejohn.

We have adopted four local families during the Christmas holidays and will be personally delivering our gifts. Sleigh loads of thanks to **Kristen** and **Mark Palkoner** for their Christmas shopping expertise in gathering all of the gifts for our adopted families, and thanks, too, to the volunteers who are delivering the gifts to our neighbors.



ad us not into temptation, but deliver us from evil.

Opportunities for giving, serving, learning, growing, praying....!

Take the challenge! Our AV Club (sorry, no social activities in this club!) needs more volunteers to host the SKYPE participants during our services and workshops. This does not take sophisticated computer expertise and they will train you. Give it serious consideration as we have many participants using SKYPE to connect with our Society. Contact **Alan Hess, Bill Cunningham** or **Marlene Bridges**.

Praying for Community! When we sign our Affirmation Form to join San Juan Capistrano CS Society, we agree to keep up on and pray about events in our community. One way to do that is to read the local newspaper, *The Capistrano Dispatch*. You can read it online, and you can receive a daily update of headline news in the city by signing up on their website: www.thecapistranodispatch.com

Family Assistance Ministries! There is an ongoing need for food donations during the holiday season and beyond. FAM continues to express their gratitude for our consistent deliveries to their food bank in San Clemente. Please place your contributions of non-perishable food products in the container located at the parking lot entrance. Every single can or box contributed will make a difference to someone in South County struggling to keep food on the table.



Grateful hearts...

Heartfelt gratitude to **Joy Aldrich, Derra Moyers and Jackie Riegel** for their dedication in serving on our Management Team, and to **Cindy MacWhinney, Kristen Palkoner, Elena Shideler, and Venetta Abbott** who will begin a new term on the MT in January**Thank you to Kay Owens** for lending her expertise in financial management and accounting to both the Management Team and Finance Team....**Huge thanks to Bev Ledwith** for her time and willingness to help with posting our Wednesday Readings on our website...a huge job she is helping us to tackle so that the full readings can be accessed by topic and date.....**To Kay Wittmack:** our ongoing appreciation for keeping our Soldiers Project alive in sending care packages to servicemen and women in the Middle East....**Much gratitude to Marlene Bridges, Cathryn Rathsam and Warren Gruenig** for their service to the Christian Science outreach to recruits at the Camp Pendleton Marine Base....**We are grateful to LaRae Fast** for taking care of delivering our food donations to Family Assistance Ministries every few weeks...**Thank you** to these volunteers for serving as metaphysical workers in support of the chaplains serving in our local jails: **Nan Hopfer, Beto Sanchez, Ann Relph, Linn Moffett, and Priscilla Pepke....and appreciation** to those who helped **Peter, Tom and Cindy** of the Dana Point CS Society move out of their facility: **LaRae Fast, Dick Smith, Jackie Riegel, CW Gruenig, Joy Aldrich, Dick Horner, Paul Garman, Alan Hess, and Art and Barbara Moncrief.**

Reading Room News...

To all our members and friends who have been so supportive of and generous with the Reading Room we are grateful. We are fortunate to have the opportunity not only to supply your periodicals, books, and musical needs, but to meet with you, welcome you, and get to know you better. If you haven't yet become acquainted with us, we look forward to meeting you. A special thanks to the donor of the books that have been displayed on recent Sundays and offered to you with love.

--with gratitude from The Reading Room Team.

FYI...

Open for Business....For your planning, here is a reminder of our operating hours at the Society:

Reading Room---Open Mondays-Thursdays 10-1...Sunday mornings and Wednesday evenings

Administrator---Sunday mornings, Wednesdays and Thursdays

Bookkeeper---Mondays and Fridays

Sunday School Celebrations...

Congratulations to **Ruthie Flynn** for another successful bake sale fundraiser in support of a student at Kenya's Petals of Africa School. Thanks to Ruthie and her project, a girl student at Petals is having the opportunity to attend school beyond the 8th grade, a life-changing experience for girls in this region. Bravo, Ruthie!

"Love is reflected in Love."
Science and Health

In the news and on the Internet....

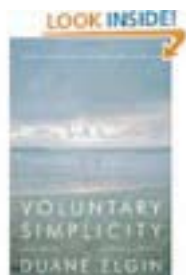
Results from our January Writing for the Periodicals Workshop keep showing up. Look for a testimony by **Kay Wittmack** in the November *Journal* and a testimony in a recent *Sentinel* from **Marcia Pecault, CS**. (Marcia is a frequent visitor to our services from Solana Beach and took part in our writing workshop.) **Tim Heinneman** shares a moving testimony on a recent Radio Sentinel program---an inspiring account of his experience in the Bosnia war zone. **Deborah Huebsch, CSB** was featured on a recent Spirituality.com online chat. If you missed it, you can access the replay on the website.....An article by **Wendy Winegar, CS** recently featured on ChristianScience.com as a contribution to "Church Alive"....Check it out!

Chaplain Re-appointments... Marlene Bridges and **Carl Symons** have been re-appointed to serve in our county jails for another year. We are grateful for their service and the fruitage they share with us.

The Book Report....

Voluntary Simplicity and the New Global Challenge

by Duane Elgin



I really enjoyed this book and feel it is an important one for Americans, in particular, at this juncture in our history.

Duane Elgin explains that to live more voluntarily is to live more deliberately, intentionally, and purposefully, with a minimum of needless distraction. He describes voluntary simplicity as a manner of living that is outwardly more simple and inwardly more rich, a way of being in which our

most authentic and alive self is brought into direction and conscious contact with living.

Arnold Toynbee coined "The Law of Progressive Simplification." He believed true growth is the ability of a society to transfer more amounts of energy and attention from the material side of life to the nonmaterial side. This would advance the culture, its capacity for compassion, its sense of community, and its strength of democracy.

Elgin says that voluntary simplicity is a "make the most of wherever you are" movement. We can benefit from our Puritan forefathers who said we shouldn't desire more material things than we can use effectively. (I truly hope they are not peeking down and wondering what in the world are all those storage units stretching from shore to shore!)

Picasso is quoted: "art is the elimination of the unnecessary."

Gandhi also throws light on this idea of simplifying: "Civilization in the real sense of the term consists not in the multiplication but the deliberate and voluntary reduction of wants. This alone promotes real happiness and contentment."

This book really touched my life. It certainly isn't easy downsizing and simplifying, but in the end it brings peace and satisfaction. As we take some, or all, of the ideas in this book to heart, we'll find we're able to devote more time to what we truly value in life. Not only our church, but our families and communities will feel the blessings. (Hey! Perhaps the day will come when I can live without chocolates!)



Attending our church without walls...

Joining us by conference call...IMPORTANT NEWS: THIS IS OUR NEW CONFERENCE CALL NUMBER... DIAL 1-805-309-2350...then punch in this ACCESS CODE: 12111#. You may begin calling in fifteen minutes before any meeting or join any time after the service or meeting is in progress. A host will greet you and answer any questions, or you are welcome to just listen in.

Meetings by Skype...We are now using the Skype room of members Mark and Marilyn Mohlenbrock. They have generously donated this service to us in the past, and to help us defray operating expenses, have offered this free to us again.

Instructions: For all services, meetings and workshops, the Skype number to dial: **+9900827047040344**.....or to call in by phone: **1-201-793-9022** ACCESS CODE: **7040344**. There is no charge for the Skype connection through your computer, but there is a regular phone charge if you call into the Skype number by phone. Call in a few minutes before the service or meeting is scheduled to begin. You need your own free Skype account that you can sign up for at Skype.com.

Your Management Team...

Our members comprise the governing body of our Society and our Management Team serves as the communication center, handling ongoing administrative and organizational tasks. (Our newly-elected MT members, Cindy MacWhinney, Kristen Palkoner, Elena Shideler, and Venetta Abbott, begin their term Jan. 1, 2012, joining Carole DaDurka.)



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